



**PORTREATH**  
**RUN SWIM RUN CHALLENGE**  
**SATURDAY 3rd OCTOBER 2009**

**12.00pm at Portreath Beach**  
**(Registration from 11.00am)**

**Junior Event (12-16yrs)**

**1km Run...500m Swim...1km Run**

**Senior Event (16yrs +)**

**2km Run...1km Swim...2km Run**

**(Approximate Distances)**

**Prizes and trophies for various  
category winners**

Organised by Cornwall Council in partnership with  
Portreath Surf Lifesaving Club

For further information and entry forms  
please contact:

Ceri Harvey on 01209 614348 or  
ceri.harvey@cornwall.gov.uk

