



Swimbridge Village Hall Committee (in aid of)  
Registered Charity No 300983  
assisted by North Devon Road Runners present

# SWIMBRIDGE RUN ENTRY FORM

Sunday 9th May 2010

3k Fun Run starts at 10.00 am / 10k Run starts at 11.30 am

The 3k Fun Run is from Swimbridge to Hannaford return

The 10k Run is up and over Swimbridge hills—part road, part track, stream crossings, woodland paths and stunning views – via the old silver mines and Daffodil Valley passing through the picturesque hamlets of Hannaford, Hearson, Wrimstone and Dennington.

Venue: Jubilee Hall, Barnstaple Hill, Swimbridge, North Devon  
Parking – toilets – refreshments – first aid – marshals – insurance

<b>Prizes:</b>	<b>3k Fun Run at 10.00 am (8–14 yrs)</b>	<b>10k Run at 11.30 am (min age 15 yrs)</b>
	8–11 yrs M 1st 2nd 3rd	15 yrs+ M 1st 2nd 3rd
	8–11 yrs F 1st 2nd 3rd	15 yrs+ F 1st 2nd 3rd
	12–14 yrs M 1st 2nd 3rd	Veterans 40+ M 1st / F 1st
	12–14 yrs F 1st 2nd 3rd	Veterans 50+ M 1st / F 1st
	Best fancy dress 1st	

**Entry fee: £8.00 run /£3.50 fun run (additional £2 if entering on day)**  
Alternatively, you can raise sponsorship (min sponsorship £10) – contact 01271 830311 for sponsorship form  
Closing date for postal entries: Monday 3rd May 2010

Name ..... DOB: ..... (DDMMYY) Age: .....yrs M / F

Address: .....

Email: ..... Postcode: .....

Contact Tel No: ..... Name of affiliated Club (if applicable to you) .....

Emergency contact name & tel no: .....

Do you have any illnesses/medication the organisers should be aware of: Y / N

If yes, please give details: .....

Entry fee (please circle) as appropriate: Run £8.00 encl Fun Run £3.50 encl Sponsorship Entry

Please circle category entered: Parent/guardian to sign for under 18's

3k FUN RUN at 10.00 am 8-11 yrs 12-15 yrs MALE / FEMALE

10k RUN at 11.30 am: MALE FEMALE

Cheques payable to: "Swimbridge Jubilee Hall". Send entries together with a large SAE to the Race Co-ordinator: Julie Whitton, The Yews, Barnstaple Hill, Swimbridge, Barnstaple, Devon, EX32 0PQ. Contact: 01271 830311 / email julie@theyews.freereserve.co.uk

I agree to abide by the rules and understand that the organisers will not be held responsible for any injury, illness or accident to myself or loss of my property as a result of my participation in this event. Furthermore the information you have provided on this entry form will be used for the purpose of producing race results and for health & safety purposes only. This information will not be passed onto any other person or agency. To respect landowners wishes, no dogs on route. Thank you.

Signature of all applicants ..... Signed consent of parent/guardian of applicants under 18's .....